

PRIMARY CARE

Internal Medicine

Live Streaming • October 16 – 20, 2023

Schedule

Monday, October 16, 2023

8:00am to 8:55am	<p>Introduction and Welcome - Primary Care Medicine: Meeting Challenges in 2023 and Beyond</p> <p><i>Deborah Gomez Kwolek, MD, FACP, NCMP</i></p> <p><i>Meets criteria for Risk Management credit in Massachusetts</i></p>
8:55am to 9:00am	Break
9:00am to 9:55am	<p>Advanced Treatment Choices for Ischemic Heart Disease</p> <p><i>Eric M. Isselbacher, MD</i></p>
9:55am to 10:00am	Break
10:00am to 10:55am	<p>Women's Heart Health: What Does the PCP Need to Know?</p> <p><i>Emily S. Lau, MD, MPH</i></p>
10:55am to 11:10am	Break
11:10am to 12:05pm	<p>Case-Based Workshop Sessions A1 - A4</p> <p>Workshop Sessions A</p> <p>A1 Evaluation and Management of Common Knee Disorders <i>Arun J. Ramappa, MD</i></p> <p>A2 Peripheral Vascular Disease for Office Practice <i>Christopher J. Kwolek, MD, MBA, FACS, DFSVS</i></p> <p>A3 Lifelong Management of Adult Attention Deficit Disorder <i>Donald J. Meyer MD</i> <i>Meets criteria for Risk Management credit in Massachusetts</i></p> <p>A4 Biases and Behaviors in Clinical Practice: Strategies for Maintaining Balance and Poise <i>Jennifer E. Potter, MD</i> <i>Meets criteria for Risk Management credit in Massachusetts</i></p> <p><i>All sessions will be recorded as they are live streamed and placed in the online course video library, enabling registrants to view more than one workshop. The video library will be available for 11 months after the conclusion of the course.</i></p>
12:05pm to 12:20pm	Break
12:20pm to 1:15pm	<p>Updates in Allergy 2023</p> <p><i>Anna R. Wolfson, MD</i></p>
1:15pm to 1:45pm	Break
1:45pm to 2:40pm	<p>Promoting Equity and Anti-Racism in Medicine</p> <p><i>Aisha S. James, MD, MEd</i></p>
2:40pm to 2:45pm	Break
2:45pm to 3:40pm	<p>Persistent Heartburn, Dysphagia, and Dyspepsia: Practical, Cost-Effective Approach</p> <p><i>Vlaicu Alin Botoman, MD</i></p>
3:40pm to 3:55pm	Break
3:55pm to 4:50pm	Primary Care: Internal Medicine Antibiotic Choices in Outpatient Practice

Benjamin T. Davis, MD

4:50pm to 5:05pm

Break

5:05pm to 6:00pm

Case-Based Workshop Sessions B1 - B4

Workshop Sessions B

B1 Contraception Update 2023

Deborah Gomez Kwolek, MD, FACP, NCMP

B2 Challenges in Opioid Prescribing for Chronic Non-Cancer Pain

Richard J. Pels, MD

Meets criteria for Risk Management credit and Opioid Education and Pain Management Training in Massachusetts

B3 Breast/Ovarian Cancer Risk Assessment

Nadine M. Tung, MD

Meets criteria for Risk Management credit in Massachusetts

B4 Case Studies in Movement Disorders

Albert Hung, MD, PhD

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6:00pm

Special Interest Lectures

Time for self-paced study of any of the pre-recorded special interest sessions, including the following:

Special Interest Lectures

The Promise of Primary Care

John D. Goodson, MD

Primary Care of the Pregnant Patient

Meghan L. Rudder, MD

Beyond Birth: A More Comprehensive Approach to Postpartum Care and Cardiometabolic Health

Ann C. Celi, MD, MPH and Chloe Zera, MD, MPH

Motivational Interviewing for Weight Loss

Frank Domino, MD

Update on the COVID Pandemic Worldwide

Arthur Y. Kim, MD

Thyroid Disease

Douglas S. Ross, MD

Tuesday, October 17, 2023

7:40am to 8:55am

Sciences of Learning

David A. Hirsh, MD, FACP

8:55am to 9:00am

Break

9:00am to 9:55am

Mastering Menopause Management in 2023

Jan L. Shifren, MD

9:55am to 10:00am

Break

10:00am to 10:55am

Memory Loss, Alzheimer's Disease, and Dementia: Update 2023

Andrew E. Budson, MD

10:55am to 11:10am

Break

11:10am to 12:05pm

Case-Based Workshop Sessions C1 - C4

Workshop Sessions C

C1 Ophthalmology in Primary Care

Mina A. Farahani, MD

C2 Unraveling the Mysteries of Abnormal LFTs

Lawrence S. Friedman, MD

C3 Fluid and Electrolyte Abnormalities

Melanie P. Hoenig, MD

C4 Help! My Patient Is on Monoclonal Antibody Therapy—What Do I Do?

Shiv Sehra, MD

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12:05pm to 12:20pm

Break

12:20pm to 1:15pm

Updates in Lipid Management

Jorge Plutzky, MD

1:15pm to 1:45pm

Break

1:45pm to 2:40pm

Asthma Update: New Guidelines and New Choices

Jessica B. McCannon, MD

2:40pm to 2:45pm

Break

2:45pm to 3:40pm

COPD and Interstitial Lung Disease

Walter J. O'Donnell, MD

3:40pm to 3:55pm

Break

3:55pm to 4:50pm

Update on Anticoagulation and Venous Thromboembolism: What is New in 2023?

Rachel P. Rosovsky, MD

4:50pm to 5:05pm

Break

5:05pm to 6:00pm

Case-Based Workshop Sessions D1 - D4**Workshop Sessions D****D1 Concussions: On the Field and in the Office**

Patricia A. Gibbons, MD

D2 Opioid Use Disorder and Buprenorphine Management

Ellie Grossman, MD, MPH

Meets criteria for Risk Management credit and Opioid Education and Pain Management Training in Massachusetts

D3 Urinary Incontinence in Women

Emily C. Von Bargen, DO

D4 Otolaryngology for the PCP

Stacey T. Gray, MD and Dunia E. Abdul-Aziz, MD

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Thyroid Disease

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Wednesday, October 18, 2023

8:00am to 8:55am

Active Management of Chronic Kidney Disease

	<i>David J.R. Steele, MD</i>
8:55am to 9:00am	Break
9:00am to 9:55am	Updates in Headaches: Assessment and Treatment <i>Angelika Vgontzas, MD</i> <i>Meets criteria for Risk Management credit in Massachusetts</i>
9:55am to 10:00am	Break
10:00am to 10:55am	Liver Diseases in the Primary Care Practice <i>Raymond T. Chung, MD</i>
10:55am to 11:10am	Break
11:10am to 12:05pm	Case-Based Workshop Sessions E1 - E4 Workshop Sessions E E1 Evaluation and Treatment of the Painful Shoulder in the Primary Care Setting <i>C. Christopher Smith, MD</i> E2 Supporting the Independence and Autonomy of Older Patients <i>Amanda H. Berling, MD</i> <i>Meets criteria for Risk Management credit and End-of-Life Care Education in Massachusetts</i> E3 Mild Neurocognitive Disorders: Evaluation and Management Decisions at the Gateway to Dementia <i>James M. Ellison, MD, MPH</i> <i>Meets criteria for Risk Management credit in Massachusetts</i> E4 Gender Affirming Care, Gender Transitioning <i>Jennifer R. Siegel, MD</i> <i>All sessions will be recorded as they are live streamed and placed in the online course video library, enabling registrants to view more than one workshop. The video library will be available for 11 months after the conclusion of the course.</i>
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12:20pm to 1:15pm	Treating Tobacco Use: Optimizing for Enduring Outcomes <i>Nancy A. Rigotti, MD</i>
1:15pm to 1:45pm	Break
1:45pm to 2:40pm	Best Practices in LGBTQ+ Care <i>Jennifer R. Siegel, MD</i>
2:40pm to 2:45pm	Break
2:45pm to 3:40pm	Current Approaches to Anemia <i>Lisa B. Weissmann, MD</i>
3:40pm to 3:55pm	Break
3:55pm to 4:50pm	An Organized Approach to the Broad Range of Bowel Complaints <i>Kyle D. Staller, MD, MPH</i>
4:50pm to 5:05pm	Break
5:05pm to 6:00pm	Case-Based Workshop Sessions F1 - F4 Workshop Sessions F F1 Palliative and Hospice Care <i>Elizabeth C. Lindenberger, MD</i> <i>Meets criteria for Risk Management credit and End-of-Life Care Education in Massachusetts</i> F2 Managing Alcohol Use Disorder in Primary Care Practice <i>Ellie Grossman, MD, MPH</i> F3 Prostate Problems and Challenges <i>Heidi Rayala, MD, PhD</i> F4 Case Studies in Endocrinology

J. Carl Pallais, MD, MPH

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Thursday, October 19, 2023

8:00am to 8:55am

Osteoporosis Updates

Joy N. Tsai MD

8:55am to 9:00am

Break

9:00am to 9:55am

Differential Diagnosis and Evaluation of Polyarthritis

Robert P. Friday, MD, PhD

9:55am to 10:00am

Break

10:00am to 10:55am

Optimizing Treatment and Care of Your Patients with Diabetes

David M. Nathan, MD

10:55am to 11:10am

Break

11:10am to 12:05pm

Case-Based Workshop Sessions G1 - G4

Workshop Sessions G

G1 Updates in Dermatology: Common Rashes

Avery H. LaChance, MD, MPH

G2 Low Back Pain Evaluation and Treatment Approaches

Dana H. Kotler, MD

Meets criteria for Risk Management credit in Massachusetts

G3 Supplement Safety: Exploring the Risks of the 'High-Risk' Supplements Your Patients Are Using (without Telling You)

Pieter Cohen, MD

G4 Tick-Borne Diseases in the US in 2023

Lou Ann Bruno-Murtha, DO

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12:05pm to 12:20pm

Break

12:20pm to 1:15pm

Can't-Miss Cases in Neurology

Bernard S. Chang, MD

1:15pm to 1:45pm

Break

1:45pm to 2:40pm

The Power of Health Habits for All: A Practical Guide

Elizabeth P. Frates, MD

2:40pm to 2:45pm	Break
2:45pm to 3:40pm	Radiology Update: How to Effectively Employ Current Imaging Technologies <i>Ramin Khorasani, MD, MPH</i> <i>Meets criteria for Risk Management credit in Massachusetts</i>
3:40pm to 3:55pm	Break
3:55pm to 4:50pm	2023 Update in Heart Failure <i>Gregory D. Lewis, MD</i>
4:50pm to 5:05pm	Break
5:05pm to 6:00pm	Case-Based Workshop Sessions H1 - H4 Workshop Sessions H H1 Diabetes Workshop—Challenging Diabetes Cases and Questions: Management Strategies 2023 <i>Deborah J. Wexler, MD</i> H2 Wrist and Hand Complaints: Evaluation and Treatment <i>Charles S. Day, MD, MBA, FAOA</i> H3 Patients Who Use Marijuana: Guidance for Clinical Practice <i>David Shein, MD</i> <i>Meets criteria for Risk Management credit and Medical Marijuana Training in Massachusetts</i> H4 Cases in Gynecology <i>Carey M. York-Best, MD</i> <i>All sessions will be recorded as they are live streamed and placed in the online course video library, enabling registrants to view more than one workshop. The video library will be available for 11 months after the conclusion of the course.</i>

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Friday, October 20, 2023

8:00am to 8:55am	Cancer Screening and Vaccinations: Review and Updates <i>Brian Mugo, MD</i> <i>Meets criteria for Risk Management credit in Massachusetts</i>
8:55am to 9:00am	Break
9:00am to 9:55am	Overview in Sleep Medicine <i>James E. Mojica, MD</i>
9:55am to 10:00am	Break
10:00am to 10:55am	Update on Atrial Fibrillation <i>E. Kevin Heist, MD, PhD</i>

10:55am to 11:10am	Break
11:10am to 12:05pm	<p>Case-Based Workshop Sessions I1 - I4</p> <p>Workshop Sessions I</p> <p><i>I1 Principles of Sexual Therapy</i> <i>Sharon L. Bober, PhD</i></p> <p><i>I2 Immunotherapy: A New Paradigm in Cancer—Key Things to Know in Primary Care</i> <i>Kerry L. Reynolds, MD</i></p> <p><i>I3 Therapeutic Approaches to Foot and Ankle Problems</i> <i>George H. Theodore, MD</i></p> <p><i>I4 Trauma-Informed Telehealth: Strategies for Effective Care</i> <i>Sadie Elisseou, MD</i></p> <p><i>All sessions will be recorded as they are live streamed and placed in the online course video library, enabling registrants to view more than one workshop. The video library will be available for 11 months after the conclusion of the course.</i></p>
12:05pm to 12:20pm	Break
12:20pm to 1:15pm	<p>Review and Updates in Hypertension Management</p> <p><i>Brian Mugo, MD</i></p>
1:15pm to 1:45pm	Break
1:45pm to 2:40pm	<p>“Long COVID” for the Primary Care Clinician: Understanding the Post-Acute Sequelae of SARS-CoV-2 Infection</p> <p><i>George A. Alba, MD</i></p>
2:40pm to 2:45pm	Break
2:45pm to 3:40pm	<p>Updates in Treatment of Anxiety and Depression</p> <p><i>Anne D. Emmerich, MD</i></p> <p><i>Meets criteria for Risk Management credit in Massachusetts</i></p>
3:40pm to 3:55pm	Break
3:55pm to 4:50pm	<p>Obesity Treatment in Primary Care</p> <p><i>Chika V. Anekwe, MD, MPH</i></p>

4:50pm	<p>Special Interest Lectures</p> <p><i>Time for self-paced study of any of the pre-recorded special interest sessions, including the following:</i></p> <p>Special Interest Lectures</p> <p>The Promise of Primary Care <i>John D. Goodson, MD</i></p> <p>Primary Care of the Pregnant Patient <i>Meghan L. Rudder, MD</i></p> <p>Beyond Birth: A More Comprehensive Approach to Postpartum Care and Cardiometabolic Health <i>Ann C. Celi, MD, MPH and Chloe Zera, MD, MPH</i></p> <p>Motivational Interviewing for Weight Loss <i>Frank Domino, MD</i></p> <p>Update on the COVID Pandemic Worldwide <i>Arthur Y. Kim, MD</i></p> <p>Thyroid Disease <i>Douglas S. Ross, MD</i></p>
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