



IPSOCON 2021

MADURAI

54th ANNUAL CONFERENCE OF INDIAN PSYCHIATRIC SOCIETY SOUTH ZONAL BRANCH



THEME : DISASTER PSYCHIATRY
COPING CONNECTING CARING

Organised by



ATHMA HOSPITALS, TRICHY



INDIAN PSYCHIATRIC SOCIETY - TAMILNADU CHAPTER

INSTITUTE OF PSYCHIATRY - MADURAI MEDICAL COLLEGE

— DEPARTMENT OF PSYCHIATRY —

VELAMMAL MEDICAL COLLEGE || GOVT. THENI MEDICAL COLLEGE || GOVT. SIVAGANGAI MEDICAL COLLEGE

Date : 22-24 Oct. 2021 Venue : Courtyard By Marriott

IN MEMORY OF



Prof. Dr. A Venkoba Rao



Prof. Dr. Sheela Fenn



Prof. Dr. R Govardhanan



Prof. Dr. V K Samilal

Dear Colleagues,

Greetings !

WELCOME TO TEMPLE CITY – MADURAI

Psychiatry and mental health narratives have changed extensively over the last centuries.

Today treatment and recovery of mental disorders go hand in hand with promotion and prevention and there is an increased interest in rehabilitation and psychosocial interventions. Bound in the history of psychiatry is a search for an identity which has been complex and ultimately has reached by a compromise with Neurobiological, Psychological and Social inputs.

As we all dwell in the current pandemic that has affected the whole 7 billion population in one or other way, we were in a standstill and slowly recuperating. But the impending delta wave is putting us into lots of anxiety and apprehension. Not only COVID pandemic but also other natural and manmade disasters like Earthquake, hurricanes, Tsunami, wars, sexual violence, etc., all affect mental health.

To deal with them we need to be prepared to help the needy, hence the theme. Disaster Psychiatry – Coping, Connecting and Caring. (Coping is at the individual level, Connecting at the interpersonal level, Caring at the system level).

To facilitate real-time experiences world-class technologies are arranged, You have four concurrent sessions to choose the topic of your interest. The scientific committee has chosen young generation psychiatrists who will carry the torch in future. For participatory activities, we have panel discussion, workshops, moot court, awareness videos and Blitz Competitions.

Madurai is called the sleepless city in Tamilnadu, due to the vast cultural and historical background with many temples in and around the city and the cuisine of Madurai is famous all over India.

We look forward to seeing you personally and virtually on 22-24 October, 2021 to enjoy the cultural, social and culinary feast of Madurai.



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DAY 1 – FRIDAY 22-10-2021

DAY 1 – FRIDAY 22-10-2021				
8.00 Hrs. onwards	Registration			
	HALL A	HALL B	HALL C	HALL D
9.00 – 9.30 Hrs	CME Inauguration			
09.30 – 10.20 Hrs	Overview of Legal Issues in Telepsychiatric Practice			
10.20 – 11.00 Hrs	Assessment and Management of Post - COVID Neuropsychiatric Disorders			
TEA BREAK				
11.20 – 12.10 Hrs	Rehabilitation : Focusing on Homeless Mentally Ill Persons			
12.10 – 13.00 Hrs	Panel Discussion Commonly Encountered Prescription Errors			
LUNCH				
13.45 – 14.35 Hrs	Recent Advances in Somatic Therapies for Psychiatric Disorders			
14.35 – 15.35 Hrs	Good Psychiatric Practices in the Context of Empowered PWMI	Alternate and Complimentary Treatments in Psychiatry	New Psychoactive Substances	Psychopharmacology session
15.35 – 16.35 Hrs	Media During the Pandemic: Impact on Mental Health	Marriage and Mental illness	Brief Psychotherapy	Psychopharmacology session
16.35 – 17.15 Hrs	A Promising attempt to build Research Capacity- Report of an IPSSZB initiative			
17.30 – 19.00 Hrs	IPSOCON 2021 INAUGURATION			
19.00 Hrs. onwards	Culturals and Banquet			

Please Note : Timing of the Sessions and Titles are subject to changes.

DAY 2 – SATURDAY 23-10-2021

8.00 Hrs. onwards	Registration			
	HALL A	HALL B	HALL C	HALL D
8.00 – 9.00 Hrs	FREE PAPERS	FREE PAPERS	FREE PAPERS	FREE PAPERS
9.00 – 9.45 Hrs	Presidential Address			
9.45 – 10.45 Hrs	Visakha Oration			
10.45 – 11.30 Hrs	SS Jayaram Award Session		UG Quiz	Psychopharmacology session
11.30 – 12.30 Hrs	D S Raju Memorial Award Session			Psychopharmacology session
12.30 – 13.15 Hrs	☯ Theme Session : Disaster Psychiatry : Coping, Connecting and Caring			
LUNCH				
14.00 – 15.30 Hrs	Engaging Youth as Advisors for Youth Mental Health Research and Awareness	Use of Technology to Empower Psychiatric Practice	Panel Discussion MHCA 2017 - Challenges in Implementation and Way Forward	Moot Court Examining a Doctor who has Carried Out Capacity Assessment
15.30 – 17.00 Hrs	Impact of Covid 19 on Mental Health of Children	Neuro Steroids : Current Understanding	Grief Counselling	Moot Court Examining Documentation and Lapses
17.30 Hrs	Annual General Body Meeting			
19.00 Hrs. onwards	Culturals and Banquet			

DAY 3 – SUNDAY 24-10-2021

	HALL A	HALL B	HALL C	HALL D
8.00 – 9.00 Hrs	Shatavahana Award Poster Session	Shatavahana Award Poster Session	FREE PAPERS	FREE PAPERS
9.30 – 13.00 Hrs	<u>Short Film Contest</u> Barriers to Mental Health Care	Workshop Marital Therapy	Workshop Clinical Challenge Dealing with an Acutely Suicidal Patient	
11.45 – 13.00 Hrs	<u>Blitz Presentation Contest</u> Motivating an alcohol dependent to get admitted for rehab			
13.00 Hrs	Valedictory & Lunch			

AWARDS

S.S. Jayaram Award
Dr. D.S. Raju Memorial PG Award
Shatavahana Best PG Poster Award

FREE PAPERS

COMPETITION

South Zone U.G. Quiz
Short Film Contest
Blitz Competition

Further Details Visit

www.ipsszb.org | athmahospitals.com

Registration (Online Only)

Category	Upto 20.09.2021 Rs.	From 21.09.2021 onwards Rs.
Senior Citizens	Complimentary (registration must and payable for accompanying person)	
Children	Less than 10 years are our Guest	
IPS Member	1500	2000
Non IPS Member	2000	2500
P.G. Students	1000	1500
Accompanying Persons	1500	2000

Accommodation

IPSOCON 2021 has reserved limited rooms at a concessional rate. Allocation shall be on the first come first serve basis. Please write to info@athmahospitals.com for all queries.

The hotel room rate are valid from 21-24 Oct. 2021.

Rs. 3,000 to 5,000 + GST

The hotel room rates are applicable on per room per night basis.

The booking should be guaranteed by paying of Rs. 5000/-.

(Athma Education and Research Foundation / 500101011641422/City union bank/IFSC: CIUB0000263)

Room check in / check out time is 12.00 - 14.00 / 12.00 Hrs.

Welcome to Kadambavanam, once a forest, transformed into
a city of sweetness, Madurai !

One of the capitals of the distinctive Pandyas Dynasty, also was a trade centre for Greece, Rome !

A realm prospered by once a mellifluous river, Vaigai !!

A helm for the classical Tamil Sangams and deluge you with its mighty Sangam literary references !!

A domicile for many great poets & saints of Tamil Sangam period !

Naan Maada Koodal, could overwhelm you with its deep historical background and Cultural Heritage !!

A holy ground where Lord Shiva played his 64 Thiruvilayadals, never miss to spot those

Thiruvilayadals from the inscriptions inside Meenakshi temple,
which could marvel you with its colorful & innumerable elaborated towers!!

Oh, wait, it's a queen's land with Goddess Meenakshi shielding her people !!

A city that's an entrance to South Tamil Nadu, with lot of ancient temples including
Diyadesams & Lord Muruga's abodes, St. Mary's Church, Goripalayam Mosque. So, needless to say,
there is a lot to explore & it's full of festivities round the year !!

A city that operates round the clock, that never sleeps, thus called "Thoonga Nagaram" !!

You could witness Italian Architecture in Thirumalai Nayak's Palace !!

Not to miss Gandhi Museum, it's this city that changed Mahatma's dress code !!

Very affectionate people, needless to say about their Jallikattu, they're brave too !!

Not to miss Keezhadi, a land that holds treasures that could discover a long lived civilization !!

Fragrant Jasmine, famous Jigardhanda, numerous celebrities from this land to Kollywood,

Many messes not to be missed for its mouth watering authentic foods !!

Simply a center that could captivate you with its experience,

Get ready to onboard and enjoy the Madurai Moments !!

- Bhavatharini Gowrisankar



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Request you all to send scientific articles, abstracts, poem, paintings and other creative work for souvenirs in either English or regional language.

Get vaccinated and we shall meet in Madurai.



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